

“QualityTime-ESL” presents...

Essential English

Beginners



Essential English

Training 6: Please & Thank You

Hi. I am Marianne. I want to help you learn English. This is a lesson for total beginners or almost beginners. For more advanced courses listen to “Your English” or “QualityTime-ESL Podcasts”. In this lesson I ask you to repeat certain words and short combinations of words. It is easy. It is time to start.

First we will practice sentences you know already. Repeat after me.

Can you help me?
Can you show me?

Can you guide me?
Can you explain to me?

A very important word is “please”. You use it to be polite—especially when you ask questions. So repeat the same questions with “please”.

Please can you help me?
Please can you show me?

Please can you guide me?
Please can you explain to me?

Now we will do an exercise. I will say a sentence, and you will say the whole sentence with “please”. Listen to the examples.

*I say: Can you help me?
You say: Please can you help me?
I say: Can you show me?
You say: Please can you show me?*

*I say: Can you guide me?
You say: Please can you guide me?
I say: Can you explain to me?
You say: Please can you explain to me?*

Now you do it. Speak before I give the answer.

Can you help me?
Please can you help me?
Can you show me?
Please can you show me?

Can you guide me?
Please can you guide me?
Can you explain to me?
Please can you explain to me?

Another very important word in English is “thank you”. Repeat: “thank you”. We say “thank you for...” Repeat: “thank you for...” and we add a verb, for instance we say “thank you for helping me”. Repeat: “thank you for helping me”.

As you can hear, we add “ING” to the verb. We say: “ing” like in “helping me”, “showing me”, “guiding me”, “explaining to me”. Listen and repeat.

...helping me
...showing me

...guiding me
...explaining to me



Essential English 06-Please & Thank You (Cont.)

Now I will say the verb, and you will say the form with “ING” plus “me”. Listen to the examples.

I say: help

You say: ...helping me

I say: show

You say: ...showing me

I say: guide

You say: ...guiding me

I say: explain to me

You say: ...explaining to me

Now you do it. Speak before I speak.

help

...helping me

show

...showing me

guide

...guiding me

explain to me

...explaining to me

Finally, let's say the whole sentence starting with “thank you”. Listen and repeat.

Thank you for helping me.

Thank you for showing me.

Thank you for guiding me.

Thank you for explaining to me.

One last exercise. I will say “helping me” or “showing me”, and you will say “Thank you for helping me” or “Thank you for showing me.” Listen to the examples.

I say: ... helping me

You say: Thank you for helping me.

I say: ... showing me

You say: Thank you for showing me.

I say: ...guiding me

You say: Thank you for guiding me.

I say: ...explaining to me

You say: Thank you for explaining to me.

Now you do it. Speak before I give the answer.

...helping me

Thank you for helping me.

...showing me

Thank you for showing me.

...guiding me

Thank you for guiding me.

...explaining to me

Thank you for explaining to me.

Very good! If you have time, do this lesson again. The script is free on our website.

That's the end of this lesson. Thank you for listening. Goodbye. Bye, bye for now.

*This is a lesson for total beginners. You will find more advanced courses for A2 to C1 levels in our other series **Your English, QualityTime-ESL Podcasts and 5 Minute TOPs**. So visit our web site www.QualityTime-ESL.com for more information and free materials. If you are a teacher, you will certainly be interested “QualityTime-ESL: The Digital Resource Book” with more than 4,000 pages plus audio and video. Please contact us with feedback and questions.*